

Do Not Be Afraid

“Do not be afraid” is one of the most repeated invitations in Scripture. It appears whenever God draws close to ordinary people facing uncertain circumstances. To Abraham, Moses, Mary, the shepherds, and the disciples, the message was the same: ***Do not be afraid.***

Fear is a natural part of being human. We worry about tomorrow, about those we love, about our health, our work, and the challenges that seem bigger than ourselves. Yet God does not promise a life without difficulties; instead, He promises His presence within them.

When Jesus calmed the storm on the Sea of Galilee, the waves didn't disappear until He spoke. The disciples learned that the greatest comfort was not the absence of the storm, but the presence of Christ in the boat with them.

Today, whatever concerns weigh upon your heart, remember that you don't face them alone, God walks beside you. His love is greater than your fears, His strength greater than your weakness, and His peace deeper than your anxieties.

So take courage. Trust the One who knows the road ahead. The future may be unknown to us, but it is never unknown to God.

Finally A Thought from Jerry Lee the Cat.

“I've noticed that humans spend a lot of time worrying,” purred Jerry Lee, curling up in his favourite sunny spot. “Cats don't know everything either. We don't know when it might rain, when supper will arrive, or whether the vacuum cleaner is planning another attack. But we do know how to sit quietly, trust the day, and enjoy the warmth when it comes. So if you're feeling afraid, find a little patch of sunshine, say a prayer, and remember, **you're being watched over by Someone much bigger than your worries. It works for me!**”

The Bible Line 7:00pm
Every Monday Evening
St. Benedict's Community Hall



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THIS WEEK

Sat 20 th June	Feria in Ordinary Time	4.00pm
Sun 21 st June	TWELFTH SUNDAY IN ORDINARY TIME	9.30am
Mon 22 nd June	Feast of Ss John Fisher, Bishop, & Thomas More, Martyrs,	10.00am
Wed 24 th June	SOLEMNITY OF THE NATIVITY OF ST JOHN THE BAPTIST	10.00am
Fri 26 th June	Feria in Ordinary Time	10.00am
Sat 27 th June	Feria in Ordinary Time	4.00 pm
Sun 28 th June	SOLEMNITY OF SS PETER & PAUL	9.30am

Safeguarding: The Parish operates in accordance with Statutory Safeguarding Guidance and the national and Archdiocese policies & procedures at all times. Our Parish Safeguarding Representative is

Mrs. Jo Currie who can be contacted at

jo.currie@rcaob.org.uk

CHINTHOWA DEVELOPMENT TRUST

We have a new child looking for a sponsor,
just £10 per month transforms a child's life.
Chikondi Malaya Born 2017
Started May 2026 Standard 3 Chinthowa School.



Please see Margaret or Brian Ingram

CO-OP CAR PARK

For people who use the **Coop Car park** for Mass,
please note the free parking time has been cut from
2 hours to 90 mins with immediate effect!

The adjoining **Council Car Park**
is still **FREE for 2 hours with a ticket on Saturdays and**
FREE on Sundays..

Friends of St Benedict's International Mass Sunday 12th July 2026

The Friends are organising the above Mass to be followed by
International Pastries & Cakes in the Community Hall.,
Contributions to a shared table are welcome representing your
home countries cakes and pastries. (Please label ingredients on
home made items for allergy purposes.)

If you would like to contribute to this event please put your name
and contact details on the clipboard at the back of the church.
Please feel free to wear National Dress on the day.

Please pray for those whose anniversaries fall at this time;

*William John Jones, Muriel Gilbert, Ursula Mary Cope, Lilian Mary
Clamp, Annie Jones, Stephen Beeson, William Thompson.*

Eternal rest grant unto them O Lord...

Mimi Currie who serves on the Altar with Father John

is participating in the
'Office Abbott 5k Run' at Polesworth
On 12th July 2026

Which raises vital funds for
Cancer Research UK.



If anyone would like to
Sponsor Mimi
please see her after Mass in the Church Hall

For Your Diary

Milestone events in 2026 in our parish

Confirmation Tuesday 30th June at 6.00pm.



ON SALE NOW
2 new books for Children by
Brian and Rosa

"The Long Path"

"The Miracle of the Roses"

£6.99 each with all profit going to Charity.

Collections

1st Collection	£ 156.57
2 nd Collection	£ 103.22
Room Hire	£ 200
Candles	£ 45.38

TOTAL £ 505.17