

Prayer is a little like ice-cream.

When we go to the ice-cream shop, there are so many flavours, some are bright and sweet, some are rich and deep and some are simple and plain. We don't always choose the same one. It depends on how we feel that day.

Prayer is like that too. Sometimes our prayer is happy, like a scoop of strawberry on a sunny day. We say thank you, we smile, our hearts feel light. Sometimes our prayer is heavy, like dark chocolate, we are sad, worried, or tired, and we bring those feelings with us. Sometimes our prayer is plain, like vanilla, we have no big words, no catchy phrases, we just sit quietly and say, "I'm here."

There is no right or wrong flavour.

Just as the ice-cream maker welcomes every choice, God welcomes every kind of prayer. Loud or quiet, joyful or broken, long or very short, what matters is not the flavour, but that we pray.

And just like ice-cream is best enjoyed slowly, prayer doesn't need rushing. We can take our time, taste the moment, and let it melt gently into our lives.

Prayer is a reminder to us that, whatever the day brings, there is a variety with just the right taste.

**Every flavour is welcome, every taste
catered for!**



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THIS WEEK

Sat 31st Jan Memorial of St. John Bosco , Priest 4.00pm
Mass Intention: People of the Parish

Sun 1st Feb Fourth Sunday in Ordinary Time 9.30am
Mass Int: Candidates for First Holy Communion & Confirmation.

Mon 2nd Feb Feast of the Presentation of the Lord
Mass Intention: Charles Harris RIP. 10.00am

Wed 4th Feb Feria in Ordinary Time 10.00am
Mass Intention: Norman Stockford RIP.

Fri 6th Feb Memorial of St Paul Miki & Companions, Martyrs. 10.00 am
Mass Intention: Johanna Packer RIP

Sat 7th Feb Feria in Ordinary Time 4.00pm
Mass Intention: Joe Nally RIP

Sun 8th Feb Fifth Sunday in Ordinary Time 9.30am
Mass Intention: People of the Parish

Safeguarding: The Parish operates in accordance with Statutory Safeguarding Guidance and the national and Archdiocese policies & procedures at all times. Our Parish Safeguarding Representative is

Mrs. Jo Currie who can be contacted at
sg.stbenedict.atherstone@rcaob.org.uk

Walk with Jesus through Lent.

7pm Friday 27th Feb, 2026
St, Benedict's Church, Owen St, Atherstone

A path of love, of self-giving and of compassion.
An evening with hymns, readings, Taizé chants,
psalms & silence

For Your Diary Milestone events in 2026 in our Parish

Taizé in church Friday 27th February at 7pm.

First Holy Communion Saturday 6th June at 10.30am
Confirmation Tuesday 30th June at 6.00

Commitment Mass for those who wish to receive these
Sacraments Sunday 1st February

Please note a change to the date of the First Holy Communion
It was as Saturday 16th May, 2026
but is now
2026.
Saturday 6th June , 2026

Please pray for those whose anniversaries fall at this time;

*Joseph Charnell, Andreld Thomas Hall, Alfred Joseph Fellows,
John McManus, Mary Elizabeth Slater, Maureen Deakin,
Ada Loach, Rose Elizabeth Haynes, Elizabeth Pallett, Doris
Matthewson, Hannah Challis, Johanna Welford, Peter T, Diugnam,
Edgar Roberts, Lucia Every*

Eternal rest grant unto them O Lord...

NOTICE

Father John will be away from
9th February to the 16th February 2026.

The Bible Time-line 7:00pm



Every Monday Evening
St. Benedict's Community Hall

ASH WEDNESDAY
18th February 2026.

**(A day of fasting and no meat, for those who are
fit and able).**

Mass and imposition of ashes
10am & 7pm.

Collections

1st Collection	£ 139.07
2nd Collection	£ 71.44

TOTAL	£210.51
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