

## Quantum Theory, Jesus, and a Cup of Coffee

Quantum theory tells us that the world is not as simple as it looks. Deep down, everything is connected. Even small things can have a big effect, and what we notice or choose can change what happens.

Jesus taught in a similar way. He used simple stories to show that small acts matter. A kind word, a shared meal, or a cup of water can change lives. He reminded people that love and care are more important than money or power.

The price of a cup of coffee seems trivial, but it hides many stories. Someone grew the beans, someone picked them, someone served the drink. Our choice affects all of them. That simple cup connects us to so many people we may never meet.

When we put these ideas together, we learn something important: nothing stands alone. What we think, what we believe, and what we buy all matter. Even our small choices can help or harm others.

Quantum theory brings wonder, Jesus brings love, and a cup of coffee brings pleasure to everyday life. Together they remind us to pay attention, to care, and to choose kindness in the small things, **because small things can change the world.**



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### **THIS Week**

|                           |                                                                  |         |
|---------------------------|------------------------------------------------------------------|---------|
| Sat 24 <sup>th</sup> Jan  | Memorial of St Francis de Sales<br>Bishop, Doctor the Church,    | 4.00pm  |
| Sun 25 <sup>th</sup> Jan  | 3 <sup>rd</sup> Sunday in Ordinary Time                          | 9.30am  |
| Mon 26 <sup>th</sup> Jan  | Memorial of Ss Timothy & Titus<br>Bishops                        | 10.00am |
| Wed 28 <sup>th</sup> Jan  | Memorial of St. Thomas Aquinas,<br>Priest , Doctor of the Church | 10.00am |
| Thur 29 <sup>th</sup> Jan | St, Benedict's School Mass                                       | 9.30am  |
| Fri 30 <sup>th</sup> Jan  | Feria in Ordinary Time                                           | 10.00am |
| Sat 31 <sup>st</sup> Jan  | Memorial of St, John Bosco,<br>Priest                            | 4.00pm  |
| Sun 1 <sup>st</sup> Feb   | 4th Sunday in Ordinary Time                                      | 9.30am  |

**Safeguarding:** The Parish operates in accordance with Statutory Safeguarding Guidance and the national and Archdiocese policies & procedures at all times. Our Parish Safeguarding Representative is

**Mrs. Jo Currie who can be contacted at**

[sg.stbenedict.atherstone@rcaob.org.uk](mailto:sg.stbenedict.atherstone@rcaob.org.uk)

*The Bible Time-line*  
*7:00pm*  
*Every Monday Evening*  
*St. Benedict's Community Hall*



**Walk with Jesus through Lent.**

7pm Friday 27<sup>th</sup> Feb, 2026

St, Benedict's Church, Owen St, Atherstone  
A path of love, of self-giving and of compassion  
An evening with hymns, readings, Taizé chants,  
psalms & silence

**For Your Diary**  
**Milestone events in 2026 in our parish**

**Taizé in church** Friday 27<sup>th</sup> February at 7pm.

**First Holy Communion** Saturday 16<sup>th</sup> May at 10.30am

**Confirmation** Tuesday 30<sup>th</sup> June at 6.00

**Commitment Mass** for those who wish to receive these  
Sacraments Sunday 1<sup>st</sup> February

*Please pray for those whose anniversaries fall at this time;*

*Catherine Hancock, Florence Simmons, Thomas Breen, John Shine,  
Sidney Jarvis, Louis Conolly, Hugh O'Donnell, Irene Mulhall, Mary  
Hiscock, Freda Simmons, Beatrice Alice Chapman, Lucy Duester.*

***Eternal rest grant unto them O Lord...***

**Volunteers Needed - Tea & Coffee Rota**

Could you spare a little time to help serve tea and coffee after our services?



We are looking for friendly volunteers to join the rota. Even helping occasionally makes a big difference and is a lovely way to support our church community.

If you are willing to help, please add your name to the sign-up sheet at the back of church or speak to a member of the welcome team.

Thank you for your support – every cup shared helps bring us together

**"Compassion is noticing someone's troubles, then choosing to walk beside them until they feel lighter." BI**

Everything is changing. People are taking their comedians seriously and the politicians as a joke.  
Will Rogers

**Collections**

|                                  |                 |
|----------------------------------|-----------------|
| <b>1st Collection</b>            | £ 116.64        |
| <b>2<sup>nd</sup> Collection</b> | £ 75.95         |
| <b>Donation</b>                  | £ 100.00        |
| <b>TOTAL</b>                     | <b>£ 292.59</b> |