

## Christ the King Reflection

I don't fully understand everything the cross of Christ means, but I do know that it speaks deeply to our human experience. All of us, sooner or later, must face the pain, emptiness, and seeming randomness of life. We must face the fact that we can't control everything. Until we do, we can't truly be whole or healthy. That's the strange truth: we only find peace when we admit our need.

This is what Christ did. He entered into the emptiness completely, with love, and changed it forever. Following Christ is like moving through a healing process. To be a Christian is, in a real sense, to become psychologically whole. Whatever else the story of Jesus is, it is also a story of letting go, something we all must do again and again.

And here is where the joy comes in. The moment we finally let go, even for a second, light breaks in. Jesus did not cling to his divine status or use it for his own advantage. Instead, he "emptied himself," choosing to become a servant, even a slave. And because of this, this is the key, he was "highly exalted," and every knee bows before him.

**We, too, must let our false selves die, so that something new and true can rise in us.**



ST. BENEDICT'S CATHOLIC CHURCH  
OWEN STREET  
ATHERSTONE  
WARWICKSHIRE CV9 1DG  
Priest: 07891 822770  
Office: 07502 320487  
[stbenedict.atherstone@rcaob.org.uk](mailto:stbenedict.atherstone@rcaob.org.uk)

### THIS WEEK

|                                |                      |             |
|--------------------------------|----------------------|-------------|
| Monday 24th Nov                | St. Andrew Dung-Lac  | 10:00am     |
| Wednesday 26 <sup>th</sup> Nov |                      | 10.00am     |
| Friday 28 <sup>th</sup> Nov    |                      | 10:00am     |
| Saturday 29 <sup>th</sup> Nov  | Vigil                | 4:00pm      |
| Sunday 30 <sup>th</sup> Nov    | 1st Sunday of Advent | 9:30am<br>; |

**Safeguarding:** The Parish operates in accordance with Statutory Safeguarding Guidance and the national and Archdiocese policies & procedures at all times. Our Parish Safeguarding Representative is **Mrs. Jo Currie** who can be contacted at [sg.stbenedict.atherstone@rcaob.org.uk](mailto:sg.stbenedict.atherstone@rcaob.org.uk)

*Love your neighbour – it's the simplest way to change the world.*

*BI*

**Christmas Cards are on sale.  
This year the money will go toward the feeding program at Chinthowa School, Malawi.**

### **Friends of St. Benedict's**

Sunday 7th December 2025  
After Mass  
Christmas Tombola  
Tea, Coffee and Cake £1:50

**Please bring prize donations over the next 2**

*Please pray for those whose anniversaries fall at this time; Florence Weale, Peter Cairns, Margaret Timon, Lou Demeda, Joan Healey, Jean Mycroft, John Henry Cope, Frank Gudger, Marie Dunn, Ginnie Turner, William Norton, Patrick Farrelly, Ted McKenzie, Jim Every, Jan Leszczyk and Louisa Read.*

***Eternal rest grant unto them O Lord...***

*The Bible Time-line  
7:00pm  
Every Monday Evening  
St. Benedict's Community Hall*

|                   |                       |
|-------------------|-----------------------|
| <b>16/11/2025</b> |                       |
| <b>S/O</b>        | <b><u>£312.00</u></b> |
|                   | <b>£582.22</b>        |
| <b>Overheads</b>  | <b>£586.00 Avg</b>    |