

Praying Together

I once heard someone say, “**The Gospel is simple, but not easy.**” Jesus’ teaching on prayer shows exactly what that means. His instruction is straightforward: keep praying and don’t give up, because God will bring justice. Simple words but, living them out is hard. We lose focus, get distracted, and grow discouraged when answers seem slow in coming. So what can we do when prayer feels too heavy to carry alone?

Think of a London Marathon runner, the goal is simple, keep running until you reach the finish line. But the race is exhausting. Muscles ache, breath shortens, and the temptation to stop is strong. A wise runner joins a team or a group. When one person struggles, others encourage them to keep going, they share water, pace each other, and cheer one another on.

Prayer can be like that. None of us can “pray without ceasing” on our own. We need the help of others, friends, family, a prayer group, even the words of saints and spiritual writers, to keep us moving forward. Sometimes, when we’re too tired to pray, others can carry us with their prayers. And when our own faith feels strong, we can do the same for them. That’s one way we can learn to pray without ceasing, **together!**

Simple, but not Easy.



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THIS WEEK

Sat.	18th	VIGIL MASS	4:00pm
Sun	19th	29th Sunday	09:30am
Mon	20th	MASS	10:00am
Wed	22nd	MASS St. John Paul II	10:00am
Fri	24th	MASS	10:00am
Sat	25th	VIGIL MASS	4:00pm
Sun	26th	30th Sunday in O.T.	09:30am

Safeguarding: The Parish operates in accordance with Statutory Safeguarding Guidance and the national and Archdiocese policies & procedures at all times. Our Parish Safeguarding Representative is
Mrs. Jo Currie who can be contacted at
sg.stbenedict.atherstone@rcaob.org.uk

Chinthowa Development Trust
Coffee Morning
Wednesday 29th October 0225
Nuneaton Methodist Church
at 9:30 until 12:00 noon
Lovely Cakes etc...
Gift Stall

St. Benedict's Community Hall
'St. John Henry Newman
Who is he?'
A Talk by Mgr. Michael Sharkey
FRIDAY 24th OCTOBER 2025
7:00pm
Tea & Coffee

*Please pray for those whose anniversaries fall at this time; Fred Lawton, Sidney Winter, John Radcliffe, William Hobbs, Eileen Geraghty, Alice Charnell, Mary Bridger, Rachel Chetwynd, Cornelius Aherne, Nancy Hatton, Patrick Crotty, William Hall and Emilda Albrighton
Eternal rest grant unto them O Lord...*

'Taize'

A Candlelit Evening of Prayer, Chant and Song
Friday 21st November 2025
Celebrating the Church in Atherstone!
St. Benedict's Church, Owen Street
Atherstone
Everyone Welcome

The Bible Time-line
7:00pm
Every Monday Evening
St. Benedict's Community Hall

05/10/2025		12/10/2025	
1st Coll	£144.32	1st Coll	£156.82
2nd Coll	£ 80.29	2nd Coll	£107.40
S/O	<u>£312.00</u>	S/O	<u>£312.00</u>
	£556.61		£576.22
Overheads	£586.00 Avg	Overheads	£586.00. Avg

